

VOLLEYBALL

MBA GAMES 2020
RULEBOOK

DAY 1 - JAN 4, 2020
DAVID BRALEY ATHLETIC CENTRE

1. Introduction

The rules for gameplay will follow the Reverse Co-Ed Volleyball Canada Rulebook. Please see page 49, Section 3 of the Volleyball Canada Rulebook 2019-2020 for details on Reverse Co-Ed rules.

- Reverse Co-Ed Rules that will be examined:
 1. **No** restrictions on blocking.
 2. Men can only attack from behind the attack line (~3m from net).
 3. Net height will be set at 2.24 m.

For reference, Volleyball Canada Rulebook 2019-2020:

https://volleyball.ca/uploads/Development/Referee/Rules/Rulebook_Files/Current_Year/2019-20_VC_Rulebook_En_FINAL_v2.pdf

2. Amendments and/or Additions

Players

1. At least two female players and two male players must be on the court at all times.
 - a. 6 players total
2. Teams short players may ask opposition to allow the game to proceed.
3. Substitutions: Two substitutions per set allowed; substitutions must be of same sex.

Game Setup

4. Match will be best 2 of 3 games.
 - a. Each game is 10 minutes or until 15 points, whichever happens first.
 - b. 1 minute break between each game.
 - c. Teams do not have to win by a margin of two points.
 - d. Games will be played with RALLY scoring.
 - e. If Game is tied at end of time, play until next point.
 - f. 1 minute time out allowed per team per match.
5. Net height = 2.24m.

Gameplay

6. Men can only attack from behind the 3-m line. If they are in front of the line they must be below the height of the net.
7. Tipping is allowed inside the attack line but remember men must be below the height of the net.
8. Serving:
 - a. Service order (rotation) must be maintained, no positional faults in terms of player rotation on court.
 - b. Players may serve anywhere behind the baseline.
 - c. A ball served off the net that goes over is legal and the ball is considered in play.

9. Kicking motion is not allowed – the ball may only be struck with the foot by placing the foot on the ground in between the ball and the floor.

Conduct

10. Referees may reasonably give warnings and/or penalties for infractions of the Code of Conduct or Ethical Code of Conduct.

3. Volleyball Canada Code of Conduct

REQUIREMENTS OF CONDUCT

1. SPORTSPERSONLIKE CONDUCT

- a. Participants must know the “Official Volleyball Rules” and abide by them.
- b. Participants must accept referees’ decisions with sportsmanlike conduct, without disputing them. In case of doubt, clarification may be requested only through the game captain.
- c. Participants must refrain from actions or attitudes aimed at influencing the decisions of the referees or covering up faults committed by their team.

2. FAIR PLAY

- a. Participants must behave respectfully and courteously in the spirit of FAIR PLAY, not only towards the referees, but also towards other officials, the opponents, team-mates and spectators.
- b. Communication between team members during the match is permitted (Rule 5.2.3.4).

MISCONDUCT AND ITS SANCTIONS

3. **MINOR MISCONDUCT** Minor misconduct offences are not subject to sanctions. It is the 1st referee’s duty to prevent the teams from approaching the sanctioning level. This is done in two stages:
 - a. Stage 1: by issuing a verbal warning through the game captain;
 - b. Stage 2: by use of a YELLOW CARD to the team member(s) concerned. This formal warning is not in itself a sanction but a symbol that the team member (and by extension the team) has reached the sanctioning level for the match. It is recorded in the score sheet but has no immediate consequences.
4. **MISCONDUCT LEADING TO SANCTIONS** Incorrect conduct by a team member towards officials, opponents, team-mates or spectators is classified in three categories according to the seriousness of the offence.
 - a. Rude Conduct: action contrary to good manners or moral principles.
 - b. Offensive Conduct: defamatory or insulting words or gestures or any action expressing contempt.
 - c. Aggression: actual physical attack or aggressive or threatening behaviour.
5. **SANCTION SCALE** According to the judgment of the 1st referee and depending on the seriousness of the offence, the sanctions to be applied and recorded on the score sheet are: Penalty, Expulsion or Disqualification. Any direct unsportsmanlike communication or

behaviour from team members on the bench towards the referees will automatically result in a Stage 2 misconduct warning, penalty, expulsion, or disqualification.

- a. Penalty The first rude conduct in the match by any team member is penalized with a point and service to the opponent.
- b. Expulsion
 - i. A team member who is sanctioned by expulsion shall not play for the rest of the set, must be substituted legally and immediately if on court and must remain seated in the penalty area with no other consequences. An expelled coach loses his/her right to intervene in the set and must remain seated in the penalty area.
 - ii. The first offensive conduct by a team member is sanctioned by expulsion with no other consequences.
 - iii. The second rude conduct in the same match by the same team member is sanctioned by expulsion with no other consequences.
- c. Disqualification
 - i. A team member who is sanctioned by disqualification must be substituted legally and immediately if on court and must leave the Competition-Control Area for the rest of the match with no other consequences. Leaving the Competition-Control Area includes any viewing spaces (spectator seating, viewing boxes, or any area overseeing the playing area). The disqualified participant is not allowed to return to the Competition Area following the conclusion of the match.
 - ii. The first physical attack or implied or threatened aggression is sanctioned by disqualification with no other consequences.
 - iii. A second offensive conduct in the same match by the same team member is sanctioned by disqualification with no other consequences.
 - iv. The third rude conduct in the same match by the same team member is sanctioned by disqualification with no other consequences.

6. APPLICATION OF MISCONDUCT SANCTIONS

- a. All misconduct sanctions are individual sanctions, remain in force for the entire match and are recorded on the score sheet.
- b. The repetition of misconduct by the same team member in the same match is sanctioned progressively (the team member receives a heavier sanction for each successive offence).
- c. Expulsion or disqualification due to offensive conduct or aggression does not require a previous sanction.

7. MISCONDUCT BEFORE AND BETWEEN SETS Any misconduct occurring before or between sets is sanctioned according to Rule 21.3 and sanctions apply in the following set.

8. SUMMARY OF MISCONDUCT AND CARDS USED

- a. Warning: no sanction - Stage 1: verbal warning - Stage 2: symbol Yellow card
- b. Penalty : sanction - symbol Red card
- c. Expulsion: sanction - symbol Red + Yellow cards jointly
- d. Disqualification: sanction - symbol Red + Yellow cards separately

4. Ethical Code of Conduct

Every player, coach, referee, and any other participant is expected to act with sportsmanship and conduct that upholds the integrity of the game. They are prohibited from the following:

- Fighting, attempting to assault another participant, or any uninvited physical contact
- Discriminatory comments on a person's sex, gender, sexual orientation, race, religion, creed, ethnicity, age, or any form of discrimination
- Excessive and unsportsmanlike taunting
- Intentionally inflicting pain is unacceptable
- Excessive use of foul language
- Cheating
- Purposely causing distraction to players on the court
- Kicking or spiking the ball

A team is accountable for the actions of their team supporters and spectators.

If a team believes that their opponent or their supporters are unfairly interfering with the game, such team's captain may request that the referees issue a warning to the opposing team to discontinue the interfering behavior. If the behavior continues, the interfering team may be subject to penalty. The referees shall have discretion as to whether the behavior does amount to interference and as to the appropriate penalty in the event a warning is issued but not heeded.

